

Truthfulness

vs. Deception

Earning future trust
by accurately reporting
past facts

Ephesians 4:25

"So stop telling lies.
Let us tell our neighbours the truth,
for we are all parts of the same body."

Alertness

vs. Unawareness

Being aware of that which is
taking place around me
so that I can have
the right responses

Mark 14:38

"Keep watch and pray,
so that you will not give in to temptation.
For the spirit is willing,
but the body is weak."

Self-control

vs. Self-indulgence

Instant obedience
to the initial promptings
of God's Spirit

Galatians 5:24-25

"Those who belong to Christ Jesus
have nailed the passions and desires
of their sinful nature to his cross
and crucified them there.
Since we are living by the Spirit,
let us follow the Spirit's leading
in every part of our lives."

Wisdom

vs. Natural inclinations

Seeing and responding
to life situations
from God's frame of reference

Proverbs 9:10

"Fear of the LORD
is the foundation of wisdom.
Knowledge of the Holy One
results in good judgment."

Resourcefulness

vs. Wastefulness

Wise use of that
which others would
normally overlook
or discard

Luke 16:10

"If you are faithful in little things,
you will be faithful in large ones.
But if you are dishonest in little things,
you won't be honest
with greater responsibilities."

Orderliness

vs. Disorganisation

Preparing myself and
my surroundings
so that I will achieve
the greatest efficiency

1 Corinthians 14:40

"But be sure that
everything is done properly
and in order."

Attentiveness

vs. Unconcern

Showing the worth of a person
by giving undivided attention
to his words and emotions

Hebrews 2:1

"So we must listen very carefully
to the truth we have heard,
or we may drift away from it."

Obedience

vs. Willfulness

Freedom to be creative
under the protection of
divinely appointed authority

2 Corinthians 10:5

"We destroy every proud obstacle
that keeps people from knowing God.
We capture their rebellious thoughts
and teach them to obey Christ."

Hospitality

vs. Loneliness

Cheerfully sharing
food, shelter,
and spiritual refreshment
with those God brings
into my life

Hebrews 13:2

"Don't forget to show hospitality to strangers,
for some who have done this
have entertained angels
without realising it!"

Reverence

vs. Disrespect

Awareness of
how God is working through
the people and events in my life
to produce
the character of Christ in me

Proverbs 23:17-18

"Don't envy sinners,
but always continue to fear the LORD.
You will be rewarded for this;
your hope will not be disappointed."

Discernment

vs. Judgment

The God-given ability
to understand
why things happen

1 Samuel 16:7

"But the LORD said to Samuel,
'Don't judge by his appearance or height,
for I have rejected him.
The LORD doesn't see things
the way you see them.
People judge by outward appearance,
but the LORD looks at the heart.' "

Thriftiness

vs. Extravagance

Not letting myself or others
spend that which is
not necessary

Luke 16:11

"And if you are untrustworthy
about worldly wealth,
who will trust you
with the true riches of heaven?"

Initiative

vs. Unresponsiveness

Recognising and doing
what needs to be done
before I am asked to do it

Romans 12:21

"Don't let evil conquer you,
but conquer evil by doing good."

Sensitivity

vs. Callousness

Exercising my senses
so that I can perceive
the true spirit and emotions
of those around me

Romans 12:15

"Be happy with those who are happy,
and weep with those who weep."

Sincerity

vs. Hypocrisy

Eagerness to do what is right
with transparent motives

1 Peter 1:22

"You were cleansed from your sins
when you obeyed the truth,
so now you must show sincere love
to each other as brothers and sisters.
Love each other deeply
with all your heart."

Generosity

vs. Stinginess

Realising that all I have
belongs to God
and using it for His purposes

2 Corinthians 9:6

"Remember this -
a farmer who plants only a few seeds
will get a small crop.
But the one who plants generously
will get a generous crop."

Diligence

vs. Slothfulness

Visualising each task
as a special assignment
from the Lord
and using all my energies
to accomplish it

Colossians 3:23

"Work willingly at whatever you do,
as though you were working for the Lord
rather than for people."

Faith

vs. Presumption

Visualising what
God intends to do
in a given situation
and acting in harmony with it

Hebrews 11:1

"Faith is the confidence
that what we hope for will actually happen;
it gives us assurance
about things we cannot see."

Contentment

vs. Covetousness

Realising that God has provided
everything that I need
for my present happiness

1 Timothy 6:8

"So if we have enough food and clothing,
let us be content."

Responsibility

vs. Unreliability

Knowing and doing
what both God and others
are expecting me to do

Romans 14:12

"Yes, each of us
will give a personal account to God."

Justice

vs. Fairness

Personal responsibility
to God's unchanging laws

Micah 6:8

"No, O people, the LORD has told you
what is good,
and this is what he requires of you:
to do what is right,
to love mercy,
and to walk humbly with your God."

Virtue

vs. Impurity

The moral excellence
and purity of spirit
that radiate from my life
as I obey God's word

2 Peter 1:5

"In view of all this,
make every effort to respond
to God's promises. Supplement your faith
with a generous provision of moral excellence,
and moral excellence with knowledge ..."

Joyfulness

vs. Self-pity

The spontaneous enthusiasm
of my spirit
when my soul
is in fellowship with the Lord

Psalms 16:11

"You will show me the way of life,
granting me the joy of your presence
and the pleasures of living with you forever."

Thoroughness

vs. Incompleteness

Knowing what factors
will diminish the effectiveness
of my work or words
if neglected

Proverbs 18:15

"Intelligent people are always ready to learn.
Their ears are open for knowledge."

Discretion

vs. Simple-mindedness

The ability to avoid words, actions, and attitudes which could result in undesirable consequences

Proverbs 22:3

"A prudent person foresees danger and takes precautions. The simpleton goes blindly on and suffers the consequences."

Punctuality

vs. Tardiness

Showing high esteem for other people and their time

Ecclesiastes 3:1

"For everything there is a season, a time for every activity under heaven."

Humility

vs. Pride

Recognising that God and others are actually responsible for the achievements in my life

James 4:6

"But he gives us even more grace to stand against such evil desires. As the Scriptures say, 'God opposes the proud but favours the humble.' "

Compassion

vs. Indifference

Investing whatever is necessary to heal the hurts of others

1 John 3:17

"If someone has enough money to live well and sees a brother or sister in need but shows no compassion—how can God's love be in that person?"

Boldness

vs. Fearfulness

Confidence that
what I have to say or do
is true and right and just
in the sight of God

Acts 4:29

"And now, O Lord, hear their threats,
and give us, your servants,
great boldness
in preaching your word."

Flexibility

vs. Resistance

Not setting my affections
on ideas or plans
which could be changed
by God or others

Colossians 3:2

"Think about the things of heaven,
not the things of earth."

Dependability

vs. Inconsistency

Fulfilling
what I consented to do
even if it means
unexpected sacrifice

Psalms 15:4

"Those who ... keep their promises
even when it hurts."

Love

vs. Selfishness

Giving to others basic needs
without having as my motive
personal reward

1 Corinthians 13:3

"If I gave everything I have to the poor
and even sacrificed my body,
I could boast about it;
but if I didn't love others,
I would have gained nothing."

Tolerance

vs. Prejudice

Acceptance of others
as unique expressions
of specific character qualities
in varying degrees of maturity

Philippians 2:2

"Then make me truly happy
by agreeing wholeheartedly with each other,
loving one another,
and working together
with one mind and purpose."

Decisiveness

vs. Double-mindedness

The ability
to finalise difficult decisions
based on
the will and ways of God

James 1:5

"If you need wisdom, ask our generous God,
and he will give it to you.
He will not rebuke you for asking."

Gentleness

vs. Harshness

Showing personal care
and concern
in meeting the needs of others

1 Thessalonians 2:7

"As apostles of Christ we certainly had a right
to make some demands of you,
but instead we were like children among you.
Or we were like a mother
feeding and caring for her own children."

Forgiveness

vs. Rejection

Clearing the record
of those who have wronged me
and allowing God to love them
through me

Ephesians 4:32

"Instead, be kind to each other,
tenderhearted, forgiving one another,
just as God through Christ has forgiven you."

Availability

vs. Self-centeredness

Making my own schedule
and priorities
secondary
to wishes of those I am serving

Philippians 2:20-21

"I have no one else like Timothy,
who genuinely cares about your welfare.
All the others care only for themselves
and not for what matters to Jesus Christ."

Security

vs. Anxiety

Structuring my life
around that which is eternal
and cannot be destroyed
or taken away

John 6:27

"But don't be so concerned
about perishable things like food.
Spend your energy seeking the eternal life
that the Son of Man can give you ..."

Creativity

vs. Under-achievement

Approaching a need,
a task, an idea
from a new perspective

Romans 12:2

"Don't copy
the behavior and customs of this world,
but let God transform you into a new person
by changing the way you think.
Then you will learn to know God's will for you,
which is good and pleasing and perfect."

Cautiousness

vs. Rashness

Knowing how important
right timing is
in accomplishing right actions

Proverbs 19:2

"Enthusiasm without knowledge is no good;
haste makes mistakes."

Determination

vs. Faint-heartedness

Purposing to accomplish
God's goals in God's timing
regardless of the opposition

2 Timothy 4:7-8

"I have fought the good fight,
I have finished the race,
and I have remained faithful.
And now the prize awaits me—
the crown of righteousness,
which the Lord, the righteous Judge,
will give me on the day of his return ... "

Deference

vs. Rudeness

Limiting my freedom
in order not to offend
the tastes of those
God has called me to serve

Romans 14:21

"It is better not to eat meat
or drink wine
or do anything else
if it might cause another believer to stumble."

Persuasiveness

vs. Contentiousness

Guiding vital truth
around
another's mental roadblocks

2 Timothy 2:24

"A servant of the Lord must not quarrel
but must be kind to everyone,
be able to teach,
and be patient with difficult people."

Endurance

vs. Giving-up

The inward strength
to withstand stress
to accomplish God's best

Galatians 6:9

"So let's not get tired
of doing what is good.
At just the right time
we will reap a harvest of blessing
if we don't give up."

Patience

vs. Restlessness

Accepting a difficult situation
from God
without giving Him a deadline
to remove it

Romans 5:3-4

"We can rejoice, too,
when we run into problems and trials,
for we know that they help us develop endurance.
And endurance develops strength of character,
and character strengthens
our confident hope of salvation."

Enthusiasm

vs. Apathy

Expressing with my spirit
the joy of my soul

1 Thessalonians 5:16, 19

"Always be joyful ...
Do not stifle the Holy Spirit."

Gratefulness

vs. Unthankfulness

Making known
to God and others
in what ways they have
benefited my life

1 Corinthians 4:7

"For what gives you the right
to make such a judgment?
What do you have that God hasn't given you?
And if everything you have is from God,
why boast as though it were not a gift?"

Loyalty

vs. Unfaithfulness

Using difficult times
to demonstrate my commitment
to God and to those
whom He has called me
to serve

John 15:13

"There is no greater love
than to lay down one's life
for one's friends."

Meekness

vs. Anger

Yielding my personal rights
and expectations to God

Psalm 62:5

"Let all that I am
wait quietly before God,
for my hope is in him."